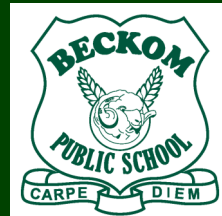


Beckom Public School



Seize the Day

Welcome to Term 2

Welcome back to a new term of learning. Week 1 learning packs were distributed to families on Tuesday afternoon and online lessons commenced yesterday and will continue twice daily at 9:30am and 2:00pm. On Friday afternoon week 2 learning packs will be delivered to families. These learning book packs are provided to complement the online learning we are doing each day.

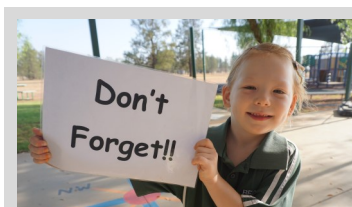
From week 3 students will transition back into face-to-face learning at school. Initially this face-to-face learning will be one day per week and it will be on a Tuesday at Beckom. The first day of the transition back to face-to-face learning at school will be Tuesday 12th May 2020. Students will be required to bring their computers, chargers, current learning pack and completed learning to school with them on these transition days.

No kitchen facilities will be available for students during this transition period due to hygiene regulations. Parents will need to pack an appropriate school lunch box for their children and provide cutlery if needed.

If you have any concerns please contact the school.

Mrs Emma Speirs

Term 2 Week 1
30th April 2020



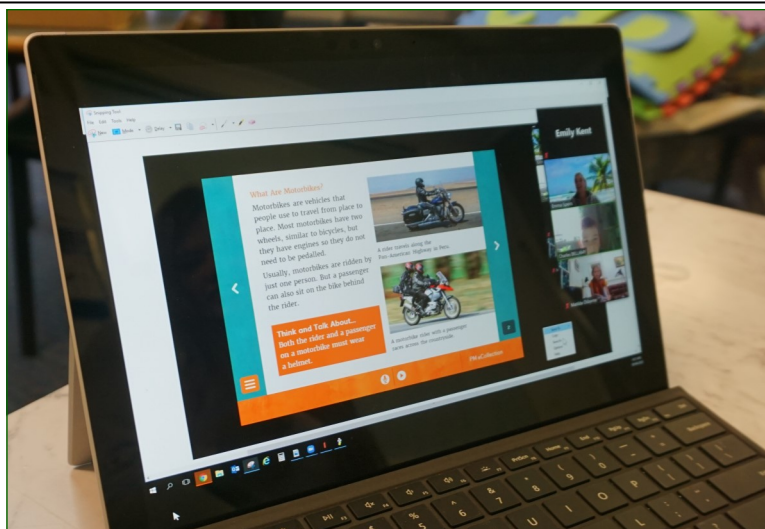
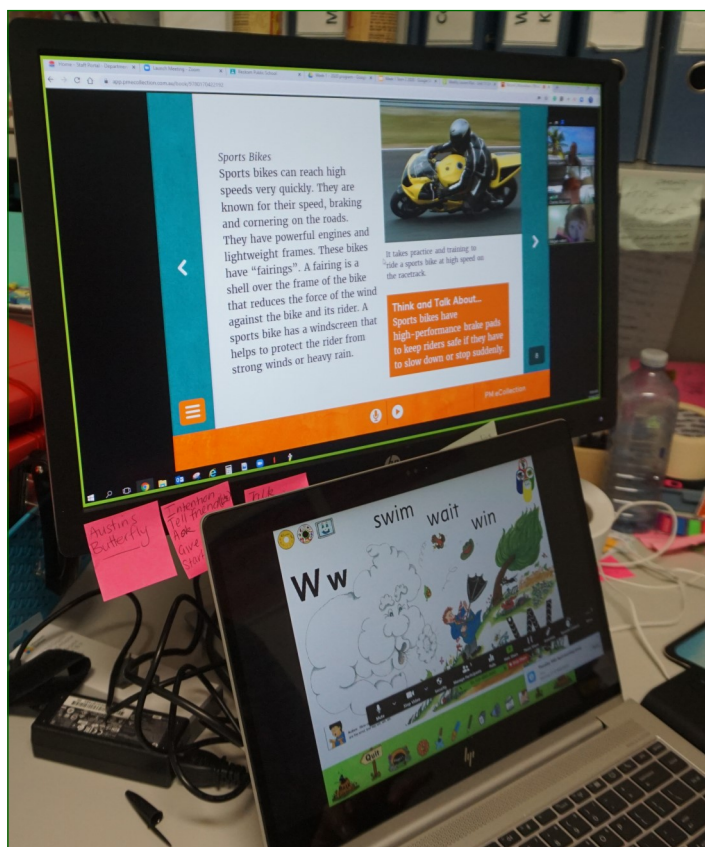
Week 1 and Week 2

Online lesson times
Morning lesson: 9:30am
Afternoon lesson: 2:00pm

Tuesday 12th May

Transition to face-to-face
learning begins

THE GOOGLE CLASSROOM—A NEW CHAPTER OF LEARNING BEGINS!



Mrs Speirs



Miss Kent

4–10 Welman St, Beckom, NSW, 2665

Tel: 02 69782314 Fax: 02 69782342

Website: www.beckom-p.schools.nsw.edu.au

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Thank you Ardlethan Lions Club members
for the lovely ANZAC Day book donations.

Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to pack lunches for kindy kids.

Packing lunch boxes for the first time can be overwhelming. Here are our top tips for new kindy parents:



- Pack something from each of the 5 food groups plus water. Check out our [lunch box builder](#) for ideas.
- Keep foods fresh and safe by packing an ice brick or a frozen water bottle to keep lunch cool.
- Make sure your child can open the lunch box and containers.
- From day 1, make vegetables a habit in the lunch box.
- Remember it is 'OK to say NO' to unhealthy foods such as chips, chocolate and lollies.
- For recipes, snack ideas and lunch box examples visit healthylunchbox.com.au

healthylunchbox.com.au

Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to swap to healthy snacks

Foods packed in the lunch box contribute significantly to a child's overall diet. It is important to try and keep unhealthy treat foods out of the lunch box. Try these healthy swaps:

Swap this	For this
Chips	Plain popcorn
Chocolate bar	Homemade bliss balls
Sweet biscuits	Raisin bread
Fruit roll ups/sticks	Tub of canned fruit
Lollies	Dried fruit
Flavoured biscuit	Crackers with cheese
Commercial muffins	Homemade fruit muffins

For snack ideas visit healthylunchbox.com.au

healthylunchbox.com.au

TRIVIA CORNER

Toby Osborne was the winner of the children's trivia from the last week of Term 1. Groot is a member of The Guardians of the Galaxy. The adult trivia was won by Linda Grinter. Alexander Fleming is credited with the discovery of Penicillin.

Good luck with our first questions for Term 2.

Adult question:

Name the two official languages of Canada.

Children's question:

What colour is the Sesame Street character Elmo?

of the JOKE WEEK

"I'm just going to
Nanna's place....

I haven't seen her
for two months...

Is that a problem
Mr Policeman?"



COMMUNITY NEWS

Coolamon



The new health regulations have changed and we are no longer able to offer our phone and collect service.

However.....WE CAN DELIVER

We are now providing FREE home delivery service to our borrowers within the Coolamon town limits. This free delivery also applies to residents in the towns of Ganmain, Matong, Marrar, Beckom and Ardlethan. Allocated times will be scheduled for these deliveries. Phone us, email us or facebook message us with your orders. All items are available to borrow including books, DVDs and magazines. Items will be left at your front door or mailbox and no contact will be made.

SPREAD THE WORD!

Phone the library on 69272492 for further information.